



Agility Shuttle

Description: Each athlete was given two rounds of running the agility shuttle. The starting point was at center court. The athlete ran to a spot marked 5 yards to the right, then ran through the center starting point to a sport marked 5 yards to the left, then ran back through the starting spot in the center. The athlete was required to touch both the right and left boundaries with his hand.

First	Last	High School	Shuttle # 1	Shuttle # 2	Average Time
Haileigh	Nelson	Centennial	4.71	4.75	4.73
LaQuisha	Robinson	La Sierra H.S.	4.78	4.88	4.83
Linda	Lomeli	Saddleback	5.00	4.72	4.86
Jasmin	Thomas	Rancho Cucamonga H.S.	4.97	4.78	4.88
Lizette	Del Real	Azuza	5.06	4.72	4.89
Tejah	Snell	Orange Lutheran	4.88	4.90	4.89
Roselyn	Angilau	Reseda	4.91	4.90	4.91
Jennifer	Hamilton	Rancho Cucamonga	4.91	4.91	4.91
Siedah	Wilson	Palmdale	5.03	4.90	4.97
Jameia	McDuffie	Long Beach Poly	4.99	4.95	4.97
Jazmine	Mathews	Lynwood H.S.	4.95	5.00	4.98
Sarah	Duchi	Whittier Christian	5.03	5.00	5.02
Nadine	Orozco	Fillmore	5.03	5.03	5.03
Desiree	Anderson	Hesperia H.S.	5.16	4.91	5.04
Brittany	Johnson	El Camino H.S.	4.90	5.22	5.06
Brittany	Whitehurst	Long Beach Poly	5.03	5.09	5.06
Jessica R.	Achterberg	Paso Robles H.S.	5.03	5.09	5.06
Lisa	Nahin	Notre Dame H.S.	5.19	4.97	5.08
Krystal	Urzua	Santa Fe	5.06	5.18	5.12
Lara	Kadehjian	Glendale H.S.	5.15	5.09	5.12
Veronica	Beavoe	Lutheran	5.09	5.16	5.13
Keyanna	Johnson	Hesperia H.S.	5.15	5.10	5.13
Alicia	Rollins	Woodcrest Christian	5.13	5.12	5.13
Jaleesa	Conner	Notre Dame	5.19	5.06	5.13
Mia	Daniels	Louisville H.S.	5.06	5.22	5.14
Priscilla	Henry	Moreno Valley	5.22	5.08	5.15
Allyson	Togashi	Oxford Academy	5.37	4.94	5.16
Jawana	Galloway	Birmingham	5.12	5.21	5.17
Lauren	Oosdyke	Santa Margarita	5.22	5.13	5.18
Rachel	Angilau	Reseda	5.20	5.16	5.18
Jonte	Newman	Pasadena	5.16	5.22	5.19
Stacey	Yamada	Arcadia	5.19	5.19	5.19
Ailine	Fonua	Rancho Cucamonga H.S.	5.31	5.09	5.20
Breanne	Crandell	Twentynine Palms	5.15	5.25	5.20
Jennifer	Carson	Corona Santiago H.S.	5.22	5.19	5.21
Melia	Basarand	Glendale H.S.	5.22	5.22	5.22
Ashley	Cosgrove	Kern Valley	5.31	5.13	5.22
Kelly	Jones	Rosary H.S.	5.22	5.22	5.22
Jessica	Duran	Sonora	5.31	5.13	5.22
Yvette	Ramirez	St. Paul	5.25	5.20	5.23
Taryn Alyssa	Crawford	Rancho Verde H.S.	5.10	5.35	5.23

Samantha	Seals	Northridge Academy	5.18	5.29	5.24
Angela	Dewar	Rolling Hills Estates	5.31	5.16	5.24
Camille	Cooper	Indio	5.28	5.19	5.24
April	Wilbur	Desert High	5.38	5.10	5.24
Morgan	Craig	El Capitan	5.42	5.06	5.24
Charise	Hall	Valencia	5.34	5.15	5.25
Leah	Ribera	Yucca Valley	5.22	5.28	5.25
Alisa	Licata	Yucca Valley	5.35	5.16	5.26
Samantha	Meggison	El Modena	5.18	5.34	5.26
Blair	Hernandez	Rosamond	5.34	5.21	5.28
kelly	Cox	Pilgrim	5.28	5.28	5.28
Brittani	Perez	Garden Grove H.S	5.47	5.10	5.29
Maria Gladys	Garcia	Burbank	5.38	5.22	5.30
Diamond	Burnside	Silverado	5.44	5.16	5.30
Naomi	Cowser	Eastside Christian	5.41	5.22	5.32
Jasmin	Madrigal	Gladstone	5.34	5.30	5.32
Brittani	Welch	St. Anthony	5.39	5.25	5.32
Valery	Cunningham	Royal	5.37	5.28	5.33
Kristel	Eddington	Valley Christian	5.37	5.28	5.33
Liana	Pitman	El Capitan	5.28	5.38	5.33
Christina	Sagarminaga	Glen A. Wilson H.S	5.18	5.50	5.34
Kinyada	Johnson	Hesperia H.S.	5.35	5.34	5.35
Jeanette	Hernandez	Paloma Valley	5.35	5.37	5.36
Jennifer	Mejia	Yucaipa	5.35	5.38	5.37
Ashley	Johnston	Cerritos High School	5.41	5.32	5.37
Mydori	Saipale	Oxnard H.S.	5.53	5.22	5.38
Katherine	Ayala	Twentynine Palms	5.31	5.47	5.39
Christina	McGee	St. Mary's Academy	5.37	5.41	5.39
Shamika	Woods	Rosamond	5.47	5.43	5.45
Tonee	Martin	Pasadena H.S.	5.63	5.31	5.47
Adriana	Galvan	Bonita H.S.	5.50	5.47	5.49
Daleth	Jenkins	Culver City	5.63	5.36	5.50
Esmeralda	Godoy	Indio H.S.	5.50	5.50	5.50
Lizeth	Ramirez	Azusa	5.53	5.47	5.50
Angela	Palmer	Vista Delago H.S.	5.56	5.47	5.52
Chelsea	Kross	La Sierra	5.59	5.53	5.56
Sasha	Jimenez	Bonita Vista H.S.	5.66	5.47	5.57
Laura	Burnett	Chaparral H.S.	5.50	5.63	5.57
Alyssa	Lundy	West Valley H.S.	5.66	5.58	5.62
Rachel	Gordon	Victor Valley Christian	5.68	5.65	5.67
Adriana	Vega	Brawley Union H.S.	5.93	5.57	5.75
Marilyn	Eko	Sonora H.S.	5.85	5.68	5.77
Shana	Moore	Royal	5.82	5.72	5.77
Courtney	Crisp	Santa Margarita Catholic	5.91	5.72	5.82